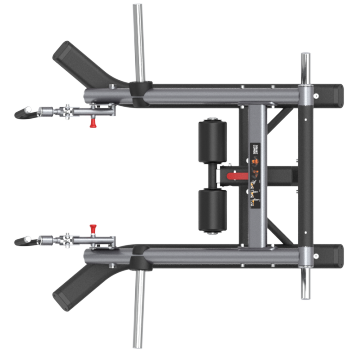


SH PLATE LOADED SERIES

SH028 - MULTI DEADLIFT



PRODUCT OVERVIEW

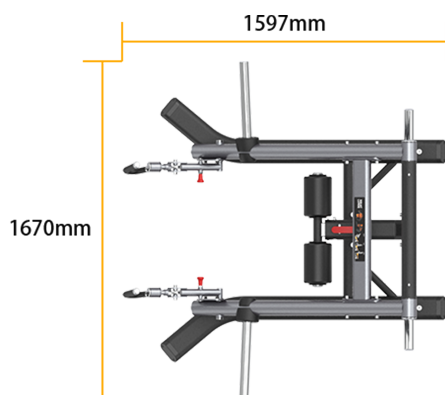
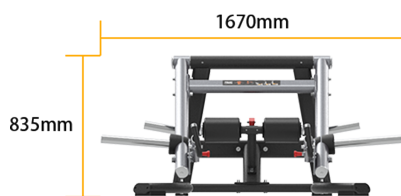
The SH028 is a premium plate-loaded strength machine designed for targeted glute and leg training. With a modern aesthetic and solid construction, it is ideal for large commercial gyms and high-end personal training studios. This single unit supports two foundational lower-body training modes, Bulgarian split squats and various deadlift movements, meeting a wide range of training needs. The five-position adjustable rotating U-shaped handles adapt to different grip widths and user preferences, enhancing both power delivery and training comfort.

The ten-position adjustable high-density support pad accommodates users of different heights and leg lengths, providing stable lower-leg support. Combined with multiple handle height options, the machine helps users quickly find their optimal training position for improved performance and efficiency.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1670*1597*835mm
Net Weight:	101kg
Max Load Capacity:	300kg[2x150kg]
Main Frame Tubing:	PT60x120x2.5
Standard Color Scheme:	SH Series standard color scheme

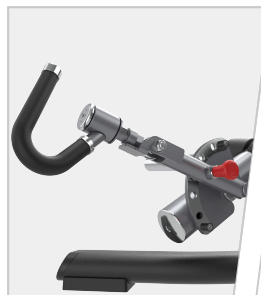


Product Features



Heavy-Duty Steel Frame

Constructed from high-strength carbon steel for maximum stability and training safety.



Five-Position Rotating U-Shaped Handles

Rubber-coated and anti-slip, automatically adapting to various grip styles for a more personalized training experience.



Ten-Position Adjustable Support Pad

Offers stable and comfortable calf support, adapting to users of different heights and leg lengths to ensure smooth movement and focused power output.